



An Original EduGuide for

OUT & AROUND

A HEARTWARMING ADVENTURE DOCUMENTARY

IT GETS
BETTER
PROJECT

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www.itgetsbetter.org/OutandAround
www.outandaround.com

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A Note From Out & Around

We're Jenni and Lisa, a couple from San Francisco. Growing up, neither of us knew of any openly out LGBTQ+ people in our families or communities. In this era before YouTube and Ellen DeGeneres, it took us a long time to find healthy and thriving people who we wanted to emulate. For Lisa, this was a professor at her university who gave her books about queer history. For Jenni, this was a pastor at an affirming church who helped her reconcile her faith and identity.

We never expected to make a film, since we had zero training in filmmaking. But knowing how important these role models were in our own lives, we wanted to tell the stories of LGBTQ+ people doing extraordinary things around the world. We were inspired by the It Gets Better Project, created by everyday people capturing their experiences in video. So, we bought a budget camera and watched a tutorial called, "*How to Make a Documentary*." We then set out to visit 15 countries in Asia, Africa, and South America over one year.

When preparing for the film, we naively thought we knew about everything since we came from a city known for pioneering LGBTQ+ expression and rights. But we soon realized that we hardly knew anything about other countries abroad.

To begin our research for the film, we tackled projects like the ones in this action guide... we divided up countries, studied information on Wikipedia pages, and educated ourselves about freedoms and restrictions in each country. We then sought out individuals we called Supergays. These are the pioneering leaders bringing LGBTQ+ equality in their countries. We found Supergays from all

arenas such as politics, health, arts, sports, entertainment, and business who used their positions to further progress. We also found Superallies joining the cause. Allies are empathetic friends who also want to live in a more fair and just world for all.

Our documentary film, *Out & Around*, is a celebration of the worldwide momentum that has advanced the LGBTQ+ movement. We've partnered with the It Gets Better Project in our joint mission to share stories of hope around the world. The voices of the global gay movement are getting stronger, and each country's advancement is interconnected. In the end, love is winning.

We hope this film and action guide opens your heart to others across the globe who struggle with the universal desires to be loved, understood, and accepted. Ordinary people can create extraordinary movements. So, allow your minds to wonder about how you can contribute to a society in which celebrates everyone's human rights. Then take action. We promise, no experience is necessary.

Jenni & Lisa

Creators of the Out & Around Series

About This Guide



JENNIFER & LISA

give us a window into the lived experiences of members of the LGBTQ+ community around the world. *Out & Around* allows us to see both their experiences as a couple, as well as hear about the experiences of LGBTQ+ advocates within a global arena. There are three opportunities to watch Jenni and Lisa discuss their experiences:

1 We encourage you to watch the documentary in its entirety. The 60-minute version on which this guide is based is available to stream at outandaround.vhx.tv. You can also rent or purchase the 80-minute version on iTunes. To first watch the trailer for the film, go to www.outandaround.com or www.itgetsbetter.org/OutandAround.

2 Watch Jenni and Lisa's *TED Talk* (11 minutes, 51 seconds) by clicking [here](#), or by searching for "Jenni Chang and Lisa Dazols: This is what LGBT life is like around the world" at www.ted.com. And don't miss their It Gets Better® video, available at www.itgetsbetter.org/OutandAround and at www.youtube.com/itgetsbetter.

3 Supplement your watching experience with additional videos and interviews available at www.outandaround.com. Additional links are included in the following section of this guide, as well.



UNDERSTANDING the similarities and differences between lived experiences from one country to the next helps us to build understanding about the ways in which LGBTQ+ issues are addressed globally. This viewer's guide is designed to encourage research, presentation, and discussion among students and staff. Beyond a discussion guide and list of questions to discuss the documentary, you'll also find three additional activities to engage in exploring the themes in *Out & Around*. Our end objective is a deep understanding of the challenges and triumphs of LGBTQ+ individuals, collectives, and policy makers globally.

Below are a few ideas on integrating some or all of this guide:

FLEXIBLE TIMING

You can select one or two parts of this guide to focus on, or work through the entire guide. There are opportunities to engage with this documentary in as little as 45 minutes (for example, watch the *Ted Talk* and participate in the discussion questions) or develop a 2-week unit plan. The decision is yours.

FLEXIBLE SETTINGS

This guide should be useful in any setting in which young people are learning and growing, from classrooms to clubs to parent groups and more.

ENGAGING AND TELLING OUR STORIES

Jennifer and Lisa share their stories throughout the narrative arc of the documentary, as well as the stories of the people that they meet along their journeys. We encourage you to follow their lead, and explore the stories and experiences of the people in your local community.

BOTH LGBTQ+ COMMUNITY MEMBERS & ALLIES ENCOURAGED

One of the powerful narratives of the documentary is the role that allies, or lack of allies, plays in the places that Lisa and Jennifer visit. We hope this guide invites discussion from members and allies alike from your own community.

HOST A SCREENING & ADDITIONAL SUPPORT

The It Gets Better Project and the filmmakers are eager to share *Out & Around* in a variety of environments - from schools and clubs to community meetings and special events - and they're here to help you to set that up. Visit itgetsbetter.org/screenings for more information and resources.

General Discussion Prompts

The following questions can be used after watching the documentary, *Ted Talk*, or other materials or in conjunction with the activities included in the guide. These questions will work for silent written reflection, in turn-and-talks, or in small or whole group conversations.

- 1 What did you learn from *Out & Around*?
- 2 What feelings and emotions did it bring up for you and why?
- 3 If you could talk to an individual that Jenni and Lisa met throughout filming, who would you want to meet and why? If you could ask that person one question, what would you ask?
- 4 Did you connect to any of the experiences in the film? How so?
- 5 Why do you think Jenni and Lisa called the film *Out & Around*?
- 6 Have you ever experienced some of the homophobia (either external or internal) that Jenni and Lisa discuss in the film? What actions can we take to ensure that LGBTQ+ people have safe spaces?
- 7 How have LGBTQ+ rights changed over the course of time in individual countries and globally? How have they stayed the same? What do you think impacts shifts in human rights for LGBTQ+ individuals?
- 8 Were you surprised by anything in the film? Why or why not?
- 9 How do you think daily life differs for LGBTQ+ individuals in more accepting nations (such as New Zealand) compared to daily life in more restrictive countries (like Kenya)? Give some examples.
- 10 If you could share one message with the filmmakers, what would you say?

Global LGBTQ+ Rights

IN 3 PROJECTS

THE LIVED EXPERIENCES

of LGBTQ+ people around the world are as diverse and varied, and the beliefs, social norms, and laws of the nations in which they live have a marked impact on their lives.

On the following pages, you will find three unique projects to engage your students in a deeper study of the experiences of people in the places visited by Jenni

and Lisa. These projects can be done individually, in partners or small groups, or even as a whole class, and can serve as homework or extended learning.

This initial page includes resources for research, both from a global perspective and by individual country, for use in the projects that follow.

RESOURCES FOR RESEARCH (*Global*)

- [Aluri](http://www.alturi.org) elevates news stories and issues facing LGBTQ+ communities around the world at www.alturi.org.
- [The Human Rights Campaign \(HRC\)](http://www.hrc.org) provides reports on the rights of LGBTQ+ individuals worldwide at www.hrc.org. Simply search for international or the country of your choice.
- [Human Rights Watch \(HRW\)](http://www.hrw.org) is a global non-profit focused on pressing for policy and practice change to improve the lives of humans around the world. Visit www.hrw.org and search for LGBT rights.
- [The It Gets Better Project](http://www.itgetsbetter.org) is a global organization working to uplift, empower, and connect LGBTQ+ youth around the globe. Visit the organization's website at www.itgetsbetter.org, or follow the organization on social media to read and see stories from LGBTQ+ people everywhere.
- [ILGA](http://ilga.org/) is a worldwide federation of more than 1,200 member organisations campaigning for LGBTI ('I' stands for intersex) rights in 132 countries around the globe. <https://ilga.org/>
- [OutRight International](http://www.outrightinternational.org) provides information about work by LGBTQ+ activists around the globe. You can learn more by visiting www.outrightinternational.org.

RESOURCES FOR RESEARCH *(By Region)*

For each of the following, click the links below or go to www.wikipedia.org and search for the highlighted terms. The timestamps are for scenes where these countries and places appear in the 60 min version of the *Out & Around* documentary.



NORTH AMERICA

[LGBT Rights in the United States](#)

Clip: 0:00 - 4:48 &
57:00 - 60:00

ASIA AND THE PACIFIC

[LGBT Rights in New Zealand](#)

Clip: 4:48 - 7:35

[LGBT Rights in Indonesia](#)

Clip: 7:35 - 10:14

[LGBT Rights in the Philippines](#)

Clip: 10:14 - 15:50

[LGBT Rights in Taiwan](#)

Clip: 15:50 - 19:25

[LGBT Rights in China](#)

Clip: 19:25 - 22:40

[LGBT Rights in Nepal](#)

Clip: 22:40 - 25:50

[LGBT Rights in India](#)

Clip: 25:50 - 29:42

AFRICA

[LGBT Rights in Tanzania](#)

Clip: 29:42 - 35:55

[LGBT Rights in Kenya](#)

Clip: 35:55 - 41:05

SOUTH AMERICA

[LGBT Rights in Brazil](#)

Clip: 41:05 - 45:00

[LGBT Rights in Argentina](#)

Clip: 45:00 - 48:30

[LGBT Rights in Chile](#)

Clip: 48:30 - 57:0

Additional behind-the-scenes takes and interviews from the *Out & Around* documentary that take place in the countries and places above can also be found at www.outandaround.com. Make sure to click on the tab at the top of the page that says 'Take Action,' and then navigate the map using the country pins.

Group Presentations

OBJECTIVE

Students will be able to research and present on a country represented in *Out & Around* and reflect on the similarities and differences of countries globally.

MATERIALS

Country worksheet (p. 10–11), Internet access, writing utensils (Powerpoint or posters optional).

PREPARATION

Each student or small group of students will need a copy of the country worksheet (p. 10–11).

DESCRIPTION

In *Out & Around*, Jenni and Lisa visit 10 different countries with very different views on homosexuality and gender identity. From the family dynamics discussed and experienced, to the impact of religion on societal norms, the shared laws, values, and histories of a people in a given nation influences the experience of living as a member of the LGBTQ+ community.

INSTRUCTIONS

1. Determine how you want students to interact with the documentary (watch it in its entirety, share the clips above, etc.)
2. Divide students into small groups of 2-4 people. Assign a country to each group or allow students to select a country to research.
3. Provide students with the worksheet provided on the next page (either digitally or as a printout) and give them 30-45 minutes to research their country as a group using the resources for research.
4. Allow students to create a poster, slideshow, or other presentation to share their findings with the larger classroom.
5. Consider capturing similarities and differences as students present their findings.
6. Engage in a discussion as a group to close out the learning using the questions for consideration that follow.

QUESTIONS FOR CONSIDERATION

1. How did you feel as you were learning about your country? Did anything surprise you?
2. The main obstacles for LGBTQ+ people who want to come out are fears related to safety and acceptance. How safe and accepting is your country? What do you think would be the biggest opportunity for increased acceptance and/or opportunity in the country you selected?
3. Which countries were most similar in the ways in which they legislate and treat LGBTQ+ individuals? Which were most different? Why do you think that is and what do you think might influence the ways in which those countries treat LGBTQ+ people?
4. How do you think other identities, such as race or gender, might influence the ways in which LGBTQ+ individuals are treated in your country? What makes you think that?
5. Imagine that someone was to come out in your family or your community (or reflect on this if it has already happened). What might the reaction be? Why? How do you think it's similar or different than the experiences of the people in the documentary.

Group Presentations

Name _____

Country _____

Is same sex sexual activity legal?
If so, since when?

What rights, if any, are there
around gender expression?

Can LGBTQ+ people serve
in the military?

Are there legal protections
for LGBTQ+ individuals?
If so, describe them.

Is same sex marriage legal?

Group Presentations

Can LGBTQ+ individuals adopt?

Jot down three things you learned about life as a person in the LGBTQ+ community while watching the clip of the documentary.

List additional websites referenced.

ON A SEPARATE PIECE OF PAPER...

1. How would you characterize LGBTQ+ quality of life in this country? What examples from the facts you read and from the documentary support your characterization?
2. Imagine that you were at a restaurant in this country (assume a major metropolitan area). Two men are having dinner together and share a kiss. What do you think might happen?
3. Was there anything that surprised you in reading through the Wikipedia article? Was there anything that seemed different than what you might have guessed about the country based on your prior knowledge of this country?
4. How were Jenni's and Lisa's experiences in the documentary similar to what you read in the Wikipedia article? How were they different?
5. If you were to advocate for one policy to improve the lives of LGBTQ+ people in the country you researched, what would you advocate for and why?

Webquest

OBJECTIVE

Students will be able to research and create a powerpoint presentation as a CNN reporter discussing LGBTQ+ rights in a country not explored in the *Out & Around* documentary.

MATERIALS

Internet access, writing utensil, note paper, Powerpoint.

PREPARATION

Each student or small group of students will need a computer with access to the webquest found at tinyurl.com/outandaroundwebquest.

DESCRIPTION

Using an inquiry-based approach, this webquest site will guide users through using the *Out & Around* website to examine Jenni and Lisa's journey more deeply and develop your own powerpoint to share your learning. The Webquest also provides the opportunity to share your story with the LGBTQ+ community at itgetsbetter.org/share-your-story.

INSTRUCTIONS



Students will complete the following tasks:

1. Find information about individual countries' and the rights of LGBTQ+ individuals by going to www.wikipedia.org and searching for 'LGBT rights by country.' Scroll down to the countries list and select a country to research.
2. Open up [the slideshow](http://the.slideshow) template by navigating to tinyurl.com/outandaroundtemplate and make a copy, editing **slide 1** with your name and country.
3. On **slide 2**, include critical facts from [this article](http://this.article) at tinyurl.com/outandaroundarticle about LGBTQ+ rights around the world by clicking the link provided -or- navigating to www.google.com and searching for LGBT rights international maps.
4. For **slides 3-4**, use the information from the LGBT Rights in your country page on Wikipedia to provide a snapshot on same-sex sexual activity legal status, gender identity and expression, military service, discrimination protections, and recognition of relationships.
5. For **slides 5-6**, explore the 'Take Action' section of www.outandaround.com. Compare what you learned about your country to 3-4 of the countries Jenni and Lisa visited. Then explain, is your country more or less tolerant of LGBTQ+ individuals than the countries you examined on *Out & Around*? You can also use your experience in watching the documentary to answer this question.
6. For **slides 7-9**, let your investigative skills and creativity take over. Create this slide to include information about anything that you've found out about your country that you think is newsworthy and hasn't been presented yet. Use any of the above links as reference sources.

Webquest *(continued)*

7. For **slide 10**, end your slideshow with a summary of what you are taking away from this experience.
8. Feel free to go back in and change the format or add pictures to inspire your audience. As extra credit, post about what you learned on social media, or [share your own story](http://www.itgetsbetter.org/share-your-story) at www.itgetsbetter.org/share-your-story.

Teachers:

Have the students present their slideshow to the class and make connections between what they learned about each country. Use the [rubric](http://tinyurl.com/outandaroundrubric) at tinyurl.com/outandaroundrubric to score individual presentations.

QUESTIONS FOR CONSIDERATION

1. Why do you think Lisa and Jenni selected the countries they visited? Why did you select your country?
2. How do you think Lisa and Jenni's experience as visitors in certain countries may differ from the lived experiences of LGBTQ+ people in those countries? Why?
3. What other countries do you think would be interesting to visit with the lens of understanding the experiences of LGBTQ+ individuals?



Vision Board

OBJECTIVE

Students will be able to create a digital artboard that creatively explores the experiences of people interviewed in the documentary and additional research about the LGBTQ+ community.

MATERIALS

Internet access, writing utensil, note paper.

PREPARATION

Each student or small group of students will need a computer with access to a word document or a program like PicMonkey at www.picmonkey.com, or by searching for 'PicMonkey' or 'Vision Board' on www.google.com.

DESCRIPTION

Using what you've learned about LGBTQ+ rights globally, create a digital art board that explores the experiences of the people interviewed in the documentary and the facts you've learned through your research. Use pictures, quotes, or other items you find online to create a piece that might inspire others to think deeply about the lives of LGBTQ+ people around the world. Share your work on social media, using the hashtags #OutAndAround, #LGBTQAbroad, and #ItGetsBetter.

INSTRUCTIONS

1. Have your students write down a message they want to share about LGBTQ+ rights and experiences around the globe. Have them be as specific as possible! Their focus can be on a story they heard in the documentary, an experience they've had in their own community, or something that they want to be true in the world. For example, their message might be something like, "Love is love."
2. Next, have them choose a few images that represent their specific message. These must be pictures that can be found on the internet and can be saved to a computer. Encourage them to also search for phrases or quotes, take screenshots from the documentary or other sites that they used for research, or design their own images.
3. Instruct the students to create a digital vision board or a collage of their images using an online program like PicMonkey (see 'Preparation' above). If they cannot access one of the free resources listed, no problem - they can do the same process through a word document.
4. After they have created their final version, have them save it as a PDF or JPG file and send it to you via email.
5. Bring the class together to share their vision boards and discuss the questions below.
6. Finally, invite your students to share their work on social media, using the hashtags #OutAndAround, #LGBTQAbroad, and #ItGetsBetter.

QUESTIONS FOR CONSIDERATION

1. Why did you choose specific pictures or words? What is the message you hope to send through the art board?
2. What are the stories that might be missing from the documentary or the other research you've completed? How can you represent that in your art board?
3. Were there any common themes in the boards created among your peers? Did anything surprise you?

Conclusion & Additional Resources

First and foremost, thank you for deeply engaging with Jenni and Lisa's story and exploring the lives and experiences of LGBTQ+ people globally. After exploring these stories, we hope one thing is clear: the experiences of LGBTQ+ individuals is diverse and varied, and the laws, customs, and social norms all have a significant impact on the lived experience of being LGBTQ+ around the world.

Whether you are a member of the LGBTQ+ community or an ally, we can all take action to share our own stories of support to ensure that LGBTQ+ individuals around the globe know that they are loved, they are accepted, and they have allies globally.

IT GETS BETTER PROJECT.

The It Gets Better Project is a 501(c)(3) nonprofit organization based in Los Angeles, California. Its mission is to uplift, empower, and connect LGBTQ+ youth around the globe. With affiliates operating on 4 different continents, the organization boasts a truly global operation. Together, they use the power of story - told through online videos, social media, films (like *Out & Around*), television specials, books, and more - to uplift, empower, and connect LGBTQ+ youth around the globe. So far, over 60,000 It Gets Better® videos have been shared.

FOLLOW THE ORGANIZATION ON:

Website: www.itgetsbetter.org

Email: info@itgetsbetter.org

YouTube: www.youtube.com/itgetsbetter

Facebook: www.facebook.com/itgetsbetterproject

Twitter: twitter.com/ItGetsBetter

Tumblr: itgetsbetterproject.tumblr.com

Instagram: www.instagram.com/itgetsbetter

The It Gets Better Project has also identified over 1,000 organizations in 30+ countries around the world offering support to LGBTQ+ youth. To find a resource near you - or anywhere in the world, go to www.itgetsbetter.org/GetHelp.

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